

ST Joseph's Caledon PS School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 1/3, 29/3, 26/4, 24/5, 21/6	Oven Baked Sausages Or Italian Pasta Bake Healthy Garlic Bread Baked Beans Fresh Diced Turnip Tossed Salads Mashed Potato Flakemeal Biscuit or Yoghurt & Fruit	Oven Baked Homemade Breaded Chicken Goujons Selection of Dipping Sauces Or Spicy Chicken Fajita with Warm Tortilla wrap Garden Peas Selection of Salads Mashed Potato Jelly Pot or Yoghurt & Fruit	Roast Loin Pork Apple Sauce Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Crispy Oven Roast Potatoes Mashed Potato Cheese, Crackers & Grapes	Breast of Chicken Curry with Boiled Rice, Naan Bread Or Homemade Cottage Pie, Gravy Fresh Sliced Carrots Medley of Fresh Vegetables Mashed Potato Chocolate Muffin Or Yoghurt & Fruit	Homemade Margherita Pizza Or Salmon Salad baguette Sweetcorn, Crunchy Coleslaw Pasta Salad, Tossed Salad Chips Chilli Baby Boiled Potato Ice Cream Pot or Yoghurt & Fruit
WEEK 2 8/3, 5/4, 3/5, 31/5, 28/6	Spaghetti Bolognese Grated Cheese Sliced Crusty Baguettes Or Steak Burger, Gravy Broccoli Florets Fresh Baton Carrots Mashed Potato Shortbread Biscuit or Yoghurt & Fruit	Breast of Chicken Curry with Boiled Rice, Naan Bread Or Italian Lasagne Crunchy Coleslaw Garden Peas Selection of Salads Mashed Potato Fruit Muffin or Yoghurt & Fruit	Fresh Breaded Cod Goujons with lemon slice, Tartar Sauce Or Spicy Chicken Noodles Baked Beans Mushy Peas Tossed salad Mashed Potato Ice Cream Pot or Yoghurt & Fruit	Roast Breast of Chicken Herb Stuffing Gravy Cauliflower Cheese Fresh Diced carrots & Parsnip Crispy Roast Potato Mashed Potatoes Chocolate Cookie or Yoghurt & Fruit	Homemade Breaded Chicken Bites Or Hot Thai Chicken Wrap Selection of Salads, Salsa Dip Sweetcorn Chips Baked Potato Jelly Pot or Yoghurt & Fruit
WEEK 3 15/3, 12/4, 10/5, 7/6	Savoury Mince & Onion Or Oriental Chicken Stir-fry with Noodles Fresh Baton Carrots Broccoli Florets Mashed Potato Chocolate Muffin or Yoghurt & Fruit	Breast of Chicken Curry with Boiled Rice, Naan Bread Streak Burger, Gravy French Green beans Fresh Diced Turnip Mashed Potato Home Baked Oven Wedges Vanilla Cookie or Yoghurt & Fruit	Breaded Cod Fish Fingers Or Spanish Meat Balls with Boiled Rice Baked Beans Sweetcorn Mediterranean Roasted Vegetables Mashed Potato Cheese, Crackers & Grapes	Roast Turkey Herb Stuffing Cranberry Sauce, Gravy Fresh Carrot & Parsnip Fresh Savoy Cabbage Crispy Oven Roast Potatoes Mashed Potato Flakemeal Biscuit or Yoghurt & Fruit	Hotdog, Sauté Onions Or Bang Bang Chicken Carrot and Cucumber sticks With Homemade Garlic Dip Peas Selection of Salads Chips Baby Boiled Potato Ice Cream Pot or Yoghurt & Fruit
WEEK 4 22/3, 19/4, 17/5, 14/6	Breast of Chicken Curry with Boiled Rice, Naan Bread Or Oven Baked Sausages Garden Peas Mashed Fresh Turnip Selection of Salads Mashed Potato Chocolate Cookie or Yoghurt & Fruit	Irish Stew Homemade Wheaten Bread Or Hand Breaded Chicken Bites Gravy Sweetcorn Broccoli Florets Mashed Potato Shortbread Biscuit or Yoghurt & Fruit	Roast Breast Chicken Herb Stuffing, Gravy Cauliflower with Cheese sauce Fresh Baton Carrots Crispy Oven Roast Potatoes Mashed Potato Fruit Muffin or Yoghurt & Fruit	Spaghetti Bolognese with Sliced Crusty Baguette Or Fresh Breaded Cod Fillet Lemon Slice and Tartar Sauce, Baked Beans Carrot and Cucumber Sticks Selection of Salads Mashed Potato Jelly Pot or Yoghurt & Fruit	Homemade Margherita Pizza Or Salt & Chilli Chicken with Boiled Rice Crunchy Fresh Coleslaw Tossed salad Beetroot Salad Traditional Champ Chips Ice Cream Pot or Yoghurt & Fruit

Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily

Salad Selection
Rice Salad,
Coleslaw,
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry
Tomato
Grated Carrots
Cucumber
Diced Red Peppers

**If You Require
Any Additional
Information on
Allergens or
Special Diets
Please Contact
the School to
complete a
Special Diets
Application Form**